



Puddle Ducks swimming at Caterham High School

All you need to know – Caterham High School Pool

We can't wait to welcome you to Puddle Ducks at Caterham School.

Here is some information that we hope you find useful.

Have a splashtastic time!

Location: Caterham Avenue, Ilford, Essex IG5 0QW



Essential information:

- Parking is free. There is ample parking in the school car park accessed via the entrance in Heathcote Avenue.
- Park at the far end of the car park near the gate/entrance to the sports hall. There is a short walk from here to the pool building.
- Follow the path towards the floodlit football pitches, where the path then bears to the left.
- Follow this path and you will see the pool building to the right.
- Walk around the building to the pool hall entrance.
- Pushchairs are not allowed into the pool building but there is a sheltered area for wet days where these items may be left at the owners' risk.

Changing rooms:

- There are separate changing rooms for women and men with hot showers in each.
- There is no lockable storage in the changing rooms so please do not bring valuables.

Spectators:

- Due to the limited space, one spectator per swimmer is permitted at this venue.
- All outdoor shoes must be removed before coming poolside.